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My Canvas



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Slowly and Peacefully

EDITORIAL

Decently while visiting another country, I had to make a Nong overnight bus journey. I arrived at the pickup point 30 minutes earlier as advised by the bus company. Though the bus departed on time, it went to a few other pickup locations within the mega city and I started worrying if I would reach my destination on time. That was when I noted a board in front of the bus: 'Praying for a safe arrival is better than asking what time it is.' This message calmed me. It turned my worries into prayer and eventually I fell into a peaceful sleep.

In our day to day life, we get increasingly restless and easily lose our peace. We live in a world of instant gratification, where we expect our wishes to be granted pretty quickly. Sitting somewhere peacefully without doing anything is becoming a difficult task. Some of you always need a phone to watch YouTube videos or are engrossed in video games and when parents asked you to keep the devices away you get irritated and would feel 'bored'.

Let's practise mindfulness. Sit quietly without any gadgets and pick a book, maybe a story about your favourite saint. Slowly read through the life of that saint. Use your imagination and try to be present in that scene of the story. Aim not to finish the book, but enjoy reading and visualise what was happening. Golden rule here is, slow and steady wins the race!

God has blessed us with a beautiful life. Let's build good habits, the ability to sit down quietly without noise, music or gadgets. In the stillness we experience the presence of God. Be still, and know that I am God, Psalm 46:10. We pray that Kairos Buds bring you one step closer to Jesus.



Nobin Jose, Singapore

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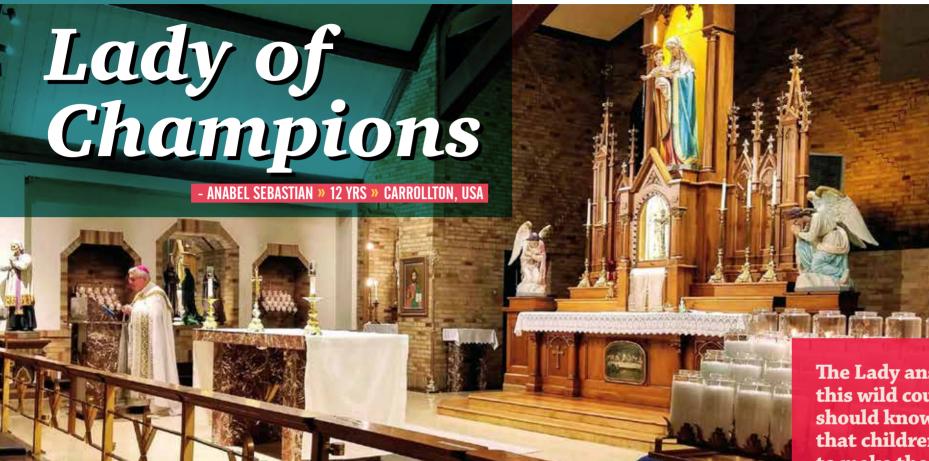
beautiful basilica, A located in the capital of Spain, attracting thousands of Catholics every year. We are talking about the Collegiate Church of San Isidro in Madrid. When you enter the basilica, you can admire the astonishing golden ornaments and the baroque architecture of the basilica. But let's have a glance at the history of this church and at the life of St Isidore. The basilica was built during the period 1622-1664 on demand by the Empress Maria of Austria. Originally the church was built for the Jesuits and dedicated to St Francis Xavier. During the **Expulsion of the Jesuits** (1767) the church became a collegiate church. The remains of St Isidore were brought to the cathedral and from 1769, was dedicated to St Isidore. Before that the relics were kept at the Church of St Andrew. During the Spanish Civil war (1936), the church was destroyed by fire. Reconstruction took about two decades. because the architects tried to rebuild the original features. It was Madrid's main cathedral until the completion of the current Almudena Cathedral in 1993. at which point San Isidro returned to its collegiate

status.

St Isidro (also known as St Isidore) was a farmer in the late 11th century. He was born in Madrid and dedicated his life to help those most in need. He and his wife Maria Torribia would welcome poor strangers to their home and give them food. A lot of miracles took place in St Isidore's life, because of his great faith. On one instance, St Isidore had brought more poor people than usual, and his wife was worried that there wouldn't be enough food for everyone. But St Isidore was confident in God's providence that, miraculously, there was food for everyone. People would also say that while St Isidore was praying, an angel worked for him on the field. Another time St Isidore's son fell into a well and after he prayed the water rose and brought the child up with it. His feast is celebrated on May 15. Today the remains of St Isidore and his wife are in the basilica. Under the altar there was the well. where the miracle of his son happened.

This May, let us pray for all workers - even when we remember them on May 1, through the intercession of St Isidore.





and Mass. She revealed the appearance to the parish priest. He advised Adele to say, 'In God's name, who are you, and what do you want of me?' On her way back from church, the lady in white appeared for the third time. Adele knelt and asked the lady as the priest told. The Lady answered, 'Gather the children in this wild country and teach them what they should know for salvation.' She also asked that children be taught their catechism, how to make the Sign of the Cross, and how to celebrate the sacraments. She added, 'Go and fear nothing. I will help you.'

Adele started to teach catechism to the children. With the help of her parents, a chapel was built at the same spot where the Lady had appeared to her. Later, Adele

The Lady answered, 'Gather the children in this wild country and teach them what they should know for salvation.' She also asked that children be taught their catechism, how to make the Sign of the Cross, and how to celebrate the sacraments. She added, 'Go and fear nothing. I will help you.'

Do you know what an apparition is? It is an unusual appearance of a supernatural figure. A Marian apparition is the appearance of our Blessed Virgin Mary. In the history of the Catholic Church, there have been many Marian apparitions worldwide at different times and in various forms. Did you know that there is only one approved apparition of Our Lady in the United States? In the mid-1800s, Mother Mary appeared to Adele Brise, the daughter of Belgian immigrant farmers in Champion, Wisconsin.

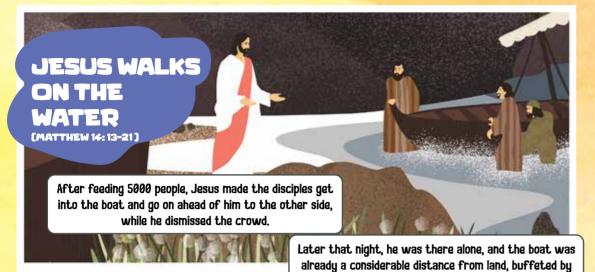
One October day in 1859, Adele was walking to the mill to make flour when suddenly a lady dressed in white appeared floating between a maple and hemlock tree. She was left in awe at the beauty of the lady! The lady left abruptly before Adele could ask who she was. Our Lady appeared to her a second time on her way to Mass. Nervous by the second vision, Adele went for confession



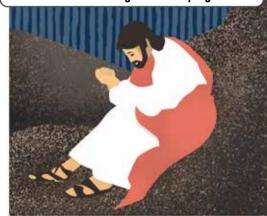
started a community called the Sisters of St Francis of Assisi. On October 9, 1871, a giant fire broke out in the northern woods. Many families fled to the chapel for shelter. They prayed all night, and in the morning, the chapel and the six acres were the only land untouched by the fire. It was a miracle! Today, pilgrims visit the National Shrine of Our Lady of Champion, Wisconsin, where Our Lady appeared to Adele.

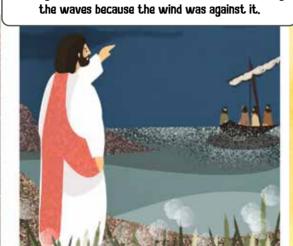
06 KAIROS ● BUDS KAIROS ● BUDS

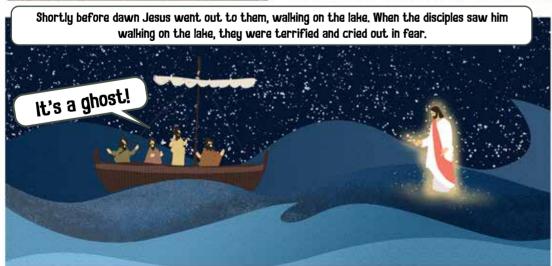
Then Peter said.



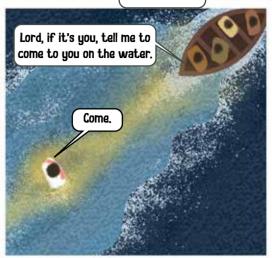
After he had dismissed them, he went up on a mountainside by himself to pray.













Immediately Jesus reached out his hand and caught him.

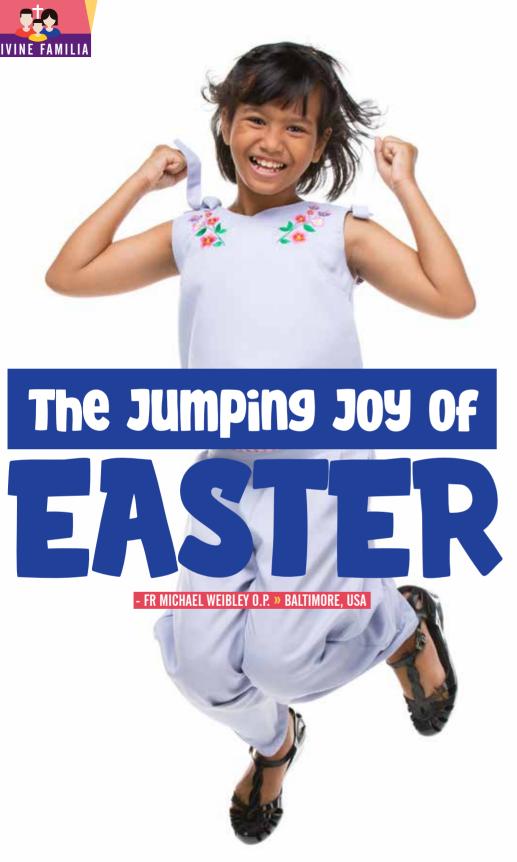


And when they climbed into the boat, the wind died down. Then those who were in the boat worshiped him.

Truly you are the Son of God.



08 KAIROS ● BUDS KAIROS ● BUDS



any years ago, Iremember going to Easter Sunday Mass and seeing the joy of Easter lived out in the priest while he was preaching his homily. This priest was exceedingly excited for Easter and the joy it brings. He was very enthusiastic in his preaching, speaking about the joys of the resurrection, the glory of death being smashed, and the promise of eternal life. At one point, he became so animated that he cried out, 'I'm so happy that Jesus rose from the dead I could jump for joy!' And then he did just that. Right there in the pulpit this priest jumped in the air as if he were dancing with joy at the coming of Easter!

Easter is meant to give us this kind of jump! Jesus promised his disciples that their hearts would rejoice with a joy that could never be taken from them (John 16:22), and he promises us the same WE CAN EVEN LOOK UPON THE CROSS WITH JOY **BECAUSE WE** KNOW HOW THE STORY ENDS. IT ENDS WITH A BEGINNING, THE BEGINNING OF A LIFE OF CHRISTIAN JOY.



joy. This is the resurrection joy, the inexpressible, glorious exultation in the risen Christ. I am reminded that not only is Easter a season, but that Easter joy is ours to claim every day of the year. We can even look upon the cross with joy because we know how the story ends. It ends with a beginning, the beginning of a life of Christian joy.

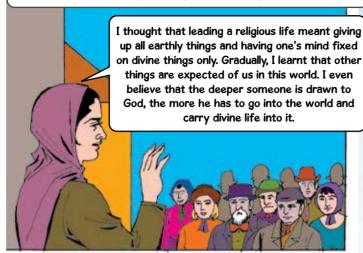
Jesus loves this kind of joy because when we know how much he loves us we can't help but be filled with a kind excitement. When we know this jumping joy of Easter, we realise how we are loved, and that Jesus has a place for us in heaven. We know that even the tough stuff in our lives now will only last for a while, but the joy of the Resurrection will last forever in heaven. Every day when we speak to Jesus in prayer we should ask him for a share in this joy, an excitement that can make our hearts burst for love and dance and jump for joy!

10 KAIROS ● BUDS 11

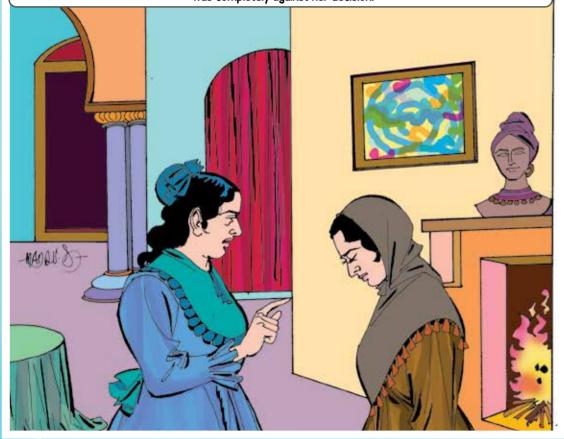
A DARE TO BE SAINTS



Immediately after her conversion, Edith wanted to join a Carmelite convent but her spiritual mentors discouraged her. For the following ten years she taught German and history at a Dominican sisters' school, where she also translated and published exemplary scientific and spiritual works. She gave many lectures mainly on women's issues.



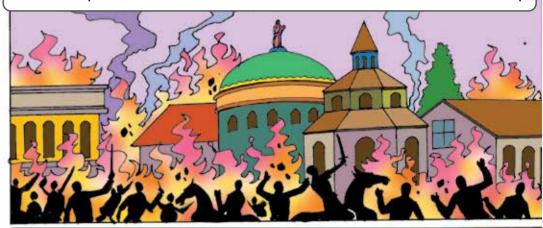
The Nazis were beginning to take control and Edith was no longer able to teach. She planned to follow her desire to enter the Carmelite convent. She went home to say goodbye to her family but her mother was completely against her decision.



However, Edith knew it was God's will for her and joined the Carmelite convent on 14th October 1934. She took on the name Teresa Benedicta of the Cross and made her final profession on 21st April 1938. Her mother had passed away by then. Her sister Rosa also converted to Catholicism.



On 9 November 1938, the cruel persecution of the Jews by the Nazis became very threatening. Synagogues were burnt and the Jewish people were tortured. Edith and her sister were smuggled from Germany across the border into the Netherlands to the Carmelite convent there for her safety.



Despite this, Edith was arrested by the Nazi police on 2nd August 1942 while she was in the chapel with the other sisters. She and her sister Rosa were taken to Auschwitz, a concentration camp and was killed there.



3D Origami Butterfly

-SEBASTIAN EMMANUEL » KANJIRAPALLY, INDIA



MATERIALS REQUIRED

- Origami paper/Any coloured paper
- Scissors

METHOD

Step 1: Take origami paper or any thin, coloured paper cut into a square. Use different colour papers and take different size squares.

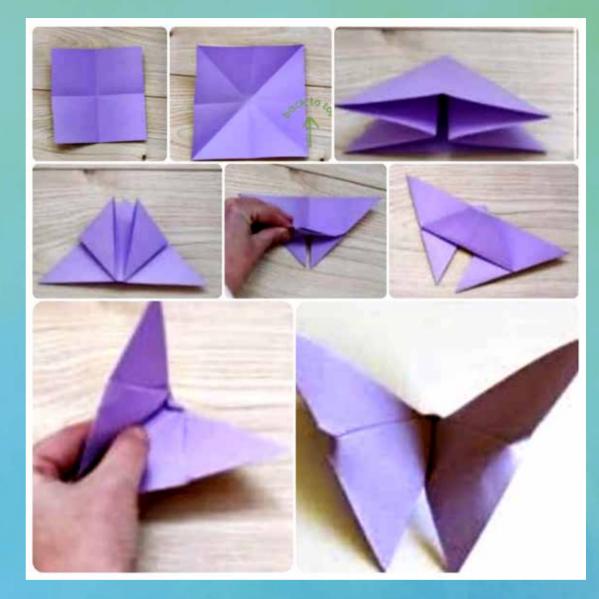
Step 2: Fold in half both ways. Then unfold.

Step 3: Fold in half from corner to corner, both ways. Then unfold. Collapse the right and left side into a triangle.

Step 4: Fold the upper layer of each side toward the pointed centre.

Step 5: Flip the entire shape over.

Step 6: Fold the bottom point to the top edge, enough that it goes past the top edge.





Step 7: Fold the top point over the edge.

Step 8: Flip the entire shape back over and fold in the centre.

Step 9: Gently bend the wings out and away.

Step 10: Enjoy your 3D origami butterfly!

14 KAIROS 🔴 BUDS

For God is the king of all earth; sing praises with a psalm. (Psalm 47:7)

Facing Disappointment

The church camp that I'm going to is sooo much fun. I have a ton of friends with whom I have a lot of fun and play a lot of games. But the best part about the summer camp is definitely our sports master. He is always nice and lets us pick our favourite sport.

A few days back Coach Jacob told us that we would have an exciting treasure hunt on Friday. And today was Friday! My camp friends and I spent all of our free time trying to figure out the hiding places that sir might put it in.

My mum dropped me to the Church and I immediately dashed to find my friends. We all were pumped and ready for it and we rushed to find Coach Jacob.

However, when we asked our camp instructor where he was, he said, 'Oh I'm sorry kids. Your coach won't be able to make it today. He had to cancel.

We were all disappointed. How could sir not come, today of all days?! The rest of the day was boring... although there were other activities. It wasn't as fun as the hunt would have been.

However... at night we had a campfire! We were all done being moody and although everything today didn't go as planned, we still had a ton of fun.

For I know the plans I have for you, plans for your welfare (Jeremiah 29:11).

Do you have a faith experience you'd like to share for this page? Send it to us at kairosbuds@jykairosmedia.org with your full name, age and complete postal address.



For I know the plans I have for you, plans for your welfare

(Jeremiah 29:11).

| For I know the plans I have for you, |
|--------------------------------------|
| plans for your welfare |
| For I know the plans I have for you, |
| plans for your welfare |
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| For I know the plans I have for you, |
| plans for your welfare |
| For I know the plans I have for you, |
| plans for your welfare |

St Joan of Arc



ST JOAN OF ARC

BIRTH:

LIVED IN:

France

PARENTS:

Jacques d'Arc, Isabelle Romée

DEATH:

30 May 1431

CANONISED:

16 May 1920 by Pope Benedict XV

FEAST:

May 30

Prayer to St Joan of Arc

In the face of your enemies, in the face of harassment, ridicule, and doubt, you held firm in your faith. Even in your abandonment, alone and without friends, you held firm in your faith. I pray that I may be as bold in my beliefs as you, St Joan. I ask that you ride alongside me in my own battles. Help me be mindful that what is worthwhile can be won when I persist. Help me hold firm in my faith. Help me believe in my ability to act well and wisely. Amen

FACTS ABOUT ST JOAN OF ARC

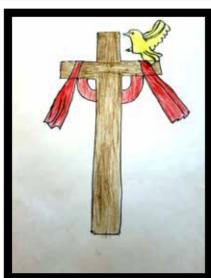
- ➤ Joan of Arc was the youngest of five children living in France during the Hundred Years' War between England and France.
- ➤ When she was thirteen, Joan heard voices of St Michael the Archangel, St Catherine of Alexandria, St Margaret of Antioch, and other saints. They told her that she was supposed to go to the aid of Charles VII, heir to the throne of France and join the army.
- ➤ She approached the officials once and was turned down since she was a lady. However, she returned to them and, at her request, they accepted her. She predicted a defeat of the French army, which came true a few days later. This convinced the officials that she had a vision and she was scouted by the army.
- ➤ She wore men's clothing and slept fully clothed because she was a seventeen-year-old girl travelling with six men. Charles VII had decided to test Joan, so he hid himself among his attendants. Yet by the grace of God, Joan immediately found him out of the crowd and saluted him.
- ➤ She led her army to victory in many occasions, reclaiming many territories captured by the English.
- ➤ On May 24, during a battle, she was taken prisoner and was sold to the English, by people jealous of her victories and the favour she found with the king. She was charged with heresy, for wearing men's clothing and for claiming her visions were true. She was not allowed to attend Mass, or go to Confession.
- ➤ In spite of all these, she remained brave and trusted in God. She was questioned for about a month. Finally, on May 30, 1431, she was burned at the stake. As she died, she hugged the crucifix and uttered the name of Jesus.



SIYONA ISRAEL » 9 YRS » MANNHEIM. GERMANY







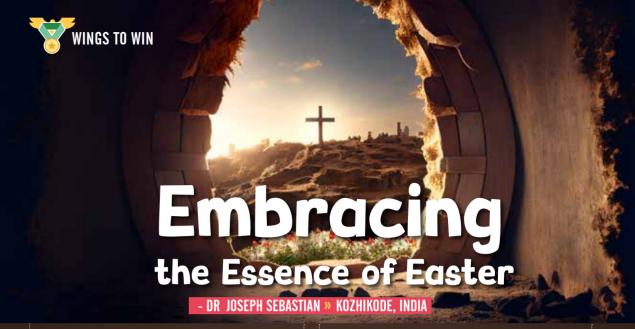
ABEL SKARIA » 11 YRS » HOUSTON. USA

YOHAN MICHAEL » 6 YRS » HOUSTON. USA





Art and articles can be sent by email to kairosbuds@jykairosmedia.org. Please include full name, age, place/country.



f we were to ask someone unfamiliar with Christianity about its most significant celebration, they would readily point to Christmas. The splendour and commercialisation surrounding Christmas has elevated it to prominence—the season of holidays, year-end festivities, bustling shopping sprees, and the joyous exchange of gifts. The imagery of snow, nativity scenes, and the beloved figure of Santa Claus all contribute to its widespread appeal.

But what of Easter? Regrettably, if you were to ask many Christians which festival holds greater importance for them, a significant portion would likely mention Christmas. Easter often fails to command the same attention. Surprisingly, even within the Church, the days of Palm Sunday and Maundy Thursday witness greater fervour and head-count than Good Friday or Easter Sunday—a total misalignment with the essence of Christian faith.

At its core, Christianity revolves around the narrative of Christ's suffering, death, and subsequent resurrection—the very purpose for which he was born. As articulated by Paul in 1 Corinthians 15:14, If Christ has not been raised, then our preaching is in vain, and your faith is in vain.

Thus, Easter stands as the cornerstone of our faith. But beyond attending Mass and partaking in the festivities of Easter Sunday, how deeply do we internalise its significance?

Easter envelopes a profound message—one of life triumphing over death, of hope enduring amidst despair, and the revelation that through sacrifice, one finds true life. In 1 Corinthians 10, Paul

exhorts believers to accept what is offered to them, echoing Christ's own prayer in Luke 22:42, Father, if you are willing, take this cup away from me—nevertheless, not my will, but yours, be done. Though the cup of suffering was not removed, verse 43 reveals, And there appeared to him an angel from heaven, strengthening him.

Yet, the journey did not conclude there. Verse 44 depicts the intensity of Christ's struggle, as his sweat became like great drops of blood falling down upon the ground.

Reflecting on this, how do we navigate the challenges in our own lives? Are we willing to embrace what is served to us? Can we echo Christ's prayer, surrendering our will to the divine? Do we recognise the angels sent to strengthen us in moments of adversity? And when faced with pain, are we able to accept it meekly and obediently, viewing it as a sacrifice for our own purification and that of others?

Certainly, there are pains borne of our own transgressions and selfish choices. But equally significant are those ordained by God's will—opportunities for purification and participation in the passion, death, and resurrection of our Lord Jesus Christ.

As we ponder these questions, may we find renewed reverence for the essence of Easter—first as the cornerstone of Christian faith and most importantly, not merely as a holiday marked by festivities, but as a profound testament to the enduring message of faith, sacrifice, and redemption. Amen!

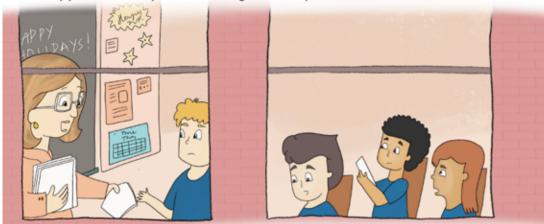


FAMILY VACATION

It was the last day of school before summer holidays and everyone was already in the holiday mood. And so when Kevin's class teacher came and distributed the holiday homework sheets, everyone groaned in displeasure.

'You can easily get this done during the two months of holidays! And you may find some of the assignments interesting as well.'

As everyone went through the assignments, Kevin noticed the assignment for English: Write about any particular visit you made during the holidays.



Later that day after reaching home, Kevin and Lizzy sat with their mom and the twins talking about the last day of school.

'Guess what, Mom!' Lizzy said. 'Katie and her family are going to Spain for the holidays!' 'Really!' Mom replied.

'Yes! And Sheryl said that her family will be going on an African safari!'

'My! Most of your friends are going to exotic places this time!'

'Even my friends, Mom,' Kevin said. 'Luke said that his family were going on a cruise ship!'



'Mmhmm,' Mom said, 'Yes, I remember, Kevin.'

'I wish we could go somewhere nice for the holidays,' Kevin said with a sigh.

'What do you mean by "nice", Kev?'
Mom asked him.

'C'mon Mom, you know I meant some place unforgettable!' Kevin said with a sheepish grin.

'We'll see, Key,' Mom said. 'Dad may have something to say about it.' Immediately came cries of surprise from both Kevin and Lizzy.

'Where are we going Mom?' Kevin asked eagerly.

'Wait and find out, you guys!'



Later that night during dinner, Dad remarked, 'So, I heard your friends are going to exotic places for the summer hols, Kev, Lizzy?'

'Yeah Dad,' Lizzy said. Kevin nodded.

'We..ell,' Dad said teasingly. 'So are we!'

'Really Dad?!' Kevin gushed. 'Where are we going?'

'Yeah, Dad. Are we going somewhere nice and exotic too?!' Asked Lizzy excitedly.

Dad waited for the excitement to calm down before saying, 'Mom and I have been thinking about this for some time now. We didn't let you guys in on it because there were somethings to settle. But yes, we definitely will be going somewhere "nice" soon!'

'But,' Mom added. 'You both will have to be patient and pray. You'll know soon!'



STORY: TANIA ROSE JOSUN ILLUSTRATIONS: STEFFI ANDRAT FARIA

22 KAIROS BUDS



Q. WHAT MADE THE PROTESTANTS LEAVE THE

CATHOLIC CHURCH?

This q a very cover.

This question has a very vast area to cover. But let us try

to make it as simple as possible.
First of all it was not the Protestants as such that left the Catholic Church, rather those who defected from or left the Church in protest over different reasons were collectively called as Protestants. They have created different denominations or local churches which came to be known in different names, e.g. Lutherans, Calvinists, Pentecostals, etc.

The Protestant Reformation began in Wittenberg, Germany, on October 31, 1517 (16th Century), when Martin Luther, a teacher and a monk, published a document he called Disputation on the Power of Indulgences, or 95 Theses. The document was a series of 95 ideas about Christianity that he invited people to debate with him. These ideas were controversial because they directly contradicted the Catholic Church's teachings. John Calvin and Huldrych Zwingli were the other two main figures in this so called 'Reformation Movement'.

One issue that split Protestants and Catholics during the Reformation was disagreement over whether Christians attain salvation in heaven through faith in God alone, or through a combination of faith and good works. While the Catholic Church insisted on faith and good works, the Protestants insisted on faith alone.

Another major issue that led to the split was the authority of the Bible. Protestants believed that the Bible alone (Sola Scriptura) should be the ultimate authority for Christian belief and practice, while Catholics believed



that the Bible, as well as Sacred Tradition and the Magisterium (teaching authority) of the Church, should be the ultimate authority.

Other factors that contributed were the over involvement of Church in politics esp. in Europe, abuse of power and wealth, religious posts given based on payment, Indulgences (spiritual privileges/forgiveness from) being sold for money and the beginning of the printing press, which made the heretical ideas spread faster than any attempt to counter them.

There were also several other doctrinal differences between the two groups, including the role of the clergy, the nature of salvation, and the use of religious imagery. Over time, these differences led to a deep divide between Catholics and Protestants, with each group developing its own distinct practices and beliefs. Today, there are many different Protestant denominations, each with its own interpretation of the Bible and approach to Christian life.

It's important to note that despite these differences, both Catholics and most Protestants share many core beliefs, including the belief in the triune God, the divinity of Jesus Christ, and the importance of living a moral and virtuous life.

Our young readers can email their questions on faith/life to kairosbuds@jykairosmedia.org or WhatsApp it to us on +1 346 339 4500

KID CATHOPEDIA

Catholic Encyclopedia for kids!

COMPILED BY MARIA TERES SEBASTIAN, KOTTAYAM, INDIA

APOCRYPHA

he term Apocrypha is derived from the Greek word apokryptein which means 'to hide away.' In the context of Catholic teachings, these are religious books in the Bible that were considered to be of sacred origin but were later on judged by the Catholic Church as not inspired by the Holy Spirit. These books, from both the Old and New Testaments, were thus removed from the Bible. Some of these books are still supposed to retain some religious value, though this value is not officially sanctioned by the Church.



APOLOGETICS

n Christianity, Apologetics is the intellectual defence of the truth of the Christian religion. The term has its roots in the Greek apologia which simply means 'an answer given in reply' or 'in defence.' So in simple terms, Apologetics is a rational response against the objections brought against Christianity. Its aim is to fortify the believer against doubts that may arise in their personal faith and remove the intellectual barriers that may prevent unbelievers from understanding and embracing the Catholic faith. Knowledge in the Apologetics empowers a Catholic to reasonably defend their personal faith and explain it to someone who raises questions as to its credibility. But ultimately, the objective is to lead the person who asks the questions to the soul-saving message of the gospel.

APOSTLE

postle is also from a Greek term apostello which translates as 'to send forth.' Apostle thus, in a general sense, denotes someone who is sent forth with a mission. In biblical usage and Catholic practice, the word is specifically used to refer to the twelve disciples whom Jesus selected to take the good news to the ends of the earth. Saul of Tarsus, more popularly known by his name after conversion, Saint Paul, also claimed this title with his intensely zealous mission in Christ's name. Paul, in his letters, use the term 'Apostles' for other disciples too who have joined him in evangelisation.







26 KAIROS BUDS



Cut out the Bible Bingo cards.
Write out each of the words onto cards/pieces of paper - these are the Calling words.

Bible Bingo Card 1

| Ruth | Genesis | Peter | Cross | Parable of the seeds |
|---------------------|--------------------------|-------------|-------------|-------------------------|
| Matthew | Jesus calms the storm | Nicodemus | Star | Bible |
| Fig tree God the | Jesus | Forgiveness | Peace | Joseph |
| Father | Malachi | David | Last Supper | Miracles |
| Judith | Psalms | Rejoice | Ascension | Victory |

Bible Bingo Card 2

| Prayer | Jerusalem | God the Son | Judges | Wedding at Cana |
|-----------|-----------|-----------------------|------------|--------------------|
| Firstborn | Esther | 1 Maccabees | Prophet | Israel |
| Joseph | Gold | Jordan | Moses | Shepherd |
| Worship | Pentecost | Salt and Light | Almsgiving | Harvest |
| Luke | Reward | Tree and its Fruit | Kindred | Grain |

One person calls out the words, others play (here 4).
First person to strike out words in a row (in any direction) wins.

Bible Bingo Card 3

| | Worthy | Three Kings | John | Proverbs | Everlasting |
|---|---------|-------------|-----------------------------|------------|---------------|
| | Red Sea | House | Deliverance God the Holy | Refuge | Trust |
| \ | Tree | Blessed | Spirit | Beatitudes | Hiding place |
| | Норе | Susanna | Glory | Compassion | Lion of Judah |
| | Rome | Angel | Bethlehem | Righteous | Mary |

Bible Bingo Card 4

| Compassion | Proverbs | Blessed | Star | David | | |
|------------|-------------|-----------|---------|-------------------|--|--|
| House | Matthew | Angel | Grain | Peace | | |
| Refuge | Worthy | Tree | Prophet | Judges | | |
| Jordan | Genesis | Jerusalem | Trust | God the Father | | |
| Joseph | Last Supper | Kindred | John | Pentecost | | |



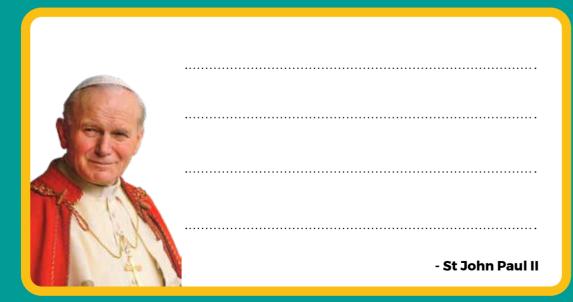
MHICH ONE?

The below grid contains a quote by St John Paul II on the Holy Rosary. One letter from the vertical pair is correct. Choose the correct letter to find the correct words.

| V | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Т | R | w | В | L | E | н | С | Ε | Y | S | 0 | K | A | K | F |

| Q | D | A | E | w | E | I | Т | С | Н | н | N | Ν |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | S | G | S | В | Т | Е | 0 | X | S | A | 1 | R |

| L | D | w | K | I | Z | G | н | S | Т | 0 | > | N | D |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| G | 1 | N | R | С | N | 0 | U | L | R | Е | G | 0 | F |



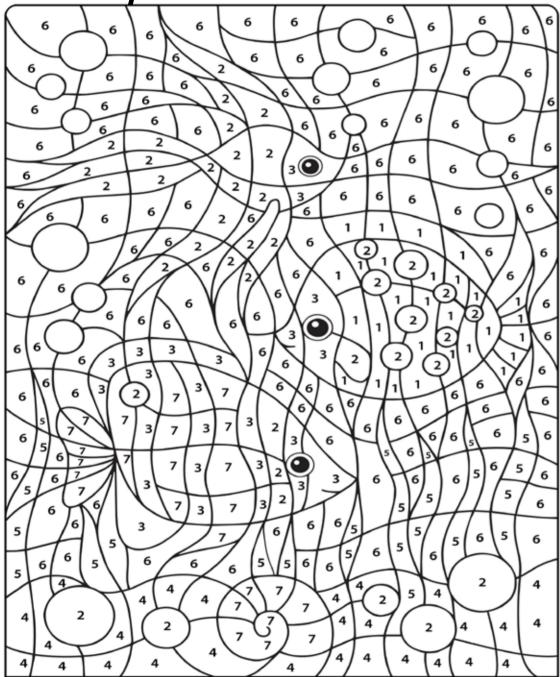
Colour. Arrange. Frame (Part 2)

In this section, a picture is divided into 4 parts, one for each issue. Children can colour each part, and when the picture is complete it can glued together and framed.

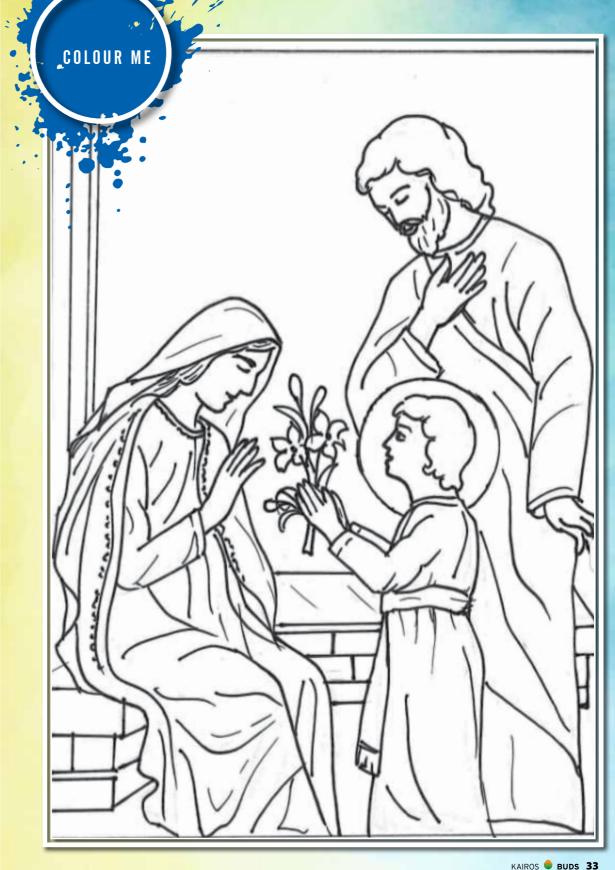




Colour by numbers



1=Red 2=Orange 3=Yellow 4=Brown 5=Green 6=Blue 7= Purple

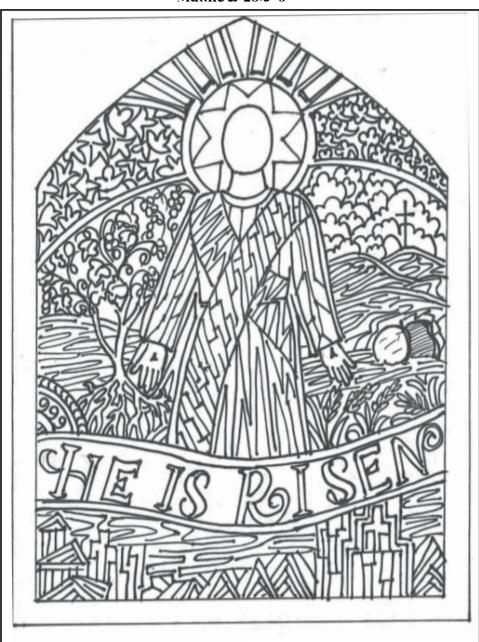




Learn and Colour'

The angel said to the women, 'Do not be afraid, for I know that you are looking for Jesus, who was crucified. He is not here; he has risen.'

Matthew 28:5-6





HOLY HUMOUR

preacher died and went to heaven after a long and devoted life. At the gates, he met St Peter, who gave him a wooden staff and a plain cotton gown and was ushered down to the back of heaven.

The next person who arrived at heaven was an airplane pilot. When St Peter saw him, he gave the man a golden staff and silk robes and was taken right in front.

The poor preacher could not understand why his life of preaching was completely ignored. So he went and asked St Peter.

St Peter said, 'You see, we work on results here. When you stood to preach, all your listeners slept. When that pilot got into the plane to take off, all his passengers began to pray!'







"One Body in Christ"

Romans 12:5

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