

KAIROS

VOLUME 3 » ISSUE 34

Buds

A CATHOLIC MAGAZINE FOR CHILDREN

WITHIN

*The Skalka
Sanctuary,
Krakow*

.....
Kid Cathopedia

TRUE BEAUTY Inside and Out!



Jesus Youth

A Missionary Movement at the Service of the Church

WITHIN

KAIROS
Buds

THE SKALKA SANCTUARY, KRAKOW



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EDITORIAL

To Jesus Through Mary!

A young man from our prayer group had gone for the World Youth Day which took place in Lisbon, Portugal from 1 to 6 August. He combined this trip with pilgrimages to famous Catholic pilgrim centres. He was deeply touched by the beautiful Rosary processions at Fatima and Lourdes, the holy places which were blessed by the apparition of our beloved Mother Mary. After the trip he visited my family and gifted my son with a small rosary with a Tau cross, asking him to pray the Rosary daily.

At that time, I was preparing for a professional certification exam, a requirement from my workplace. I had to go through a huge amount of course material and numerous hands-on lab sessions on a very tight timeline. Since I had to devote all possible free time during those days to prepare for the exam, I got very little rest.

It was a Sunday afternoon and I was engrossed in studies when my son came up to me and said, 'Dad, don't you have even a single minute to spend with us?' Feeling sad, I told him that I had a lot to study, and that the exam was nearing. And I also requested his prayer, asking him to specifically pray for me to pass with a 92% score. A few days later he told me that on the way to school, he had begun praying the Rosary for my exam, using the rosary he was gifted with. It gladdened me to have a young intercessor to support me with prayer, asking the intercession of the Blessed Mother.

Glory to God! I passed this important exam with a 92% score, exactly as I desired. This greatly increased my faith in the Holy Rosary. Most importantly, I came to see so clearly how Jesus listens to the prayer of children.

Dear friends, October is a beautiful month dedicated to the Most Holy Rosary. Let's pray the Rosary every day. May we all experience the maternal love of our Blessed Mother. To Jesus through Mary!

Nobin Jose, Singapore

EDITOR-IN-CHIEF

nobin.jose@jykausmedia.org

THE SKALKA SANCTUARY, KRAKOW

- TRINA ISRAEL » 16 YRS » MANNHEIM, GERMANY

A place where a tragic incident happened is now one of the most famous sanctuaries in Poland. We are talking about the Skalka Sanctuary (meaning 'church on the rock') in Krakow, Poland. The sanctuary is dedicated to Saint Michael the Archangel and to Saint Stanislaus (or Stanislav in polish) of Szczepanów.

But starting from the beginning: Saint Stanislaus, who was born in 1030 in a small village, was a very famous preacher in Krakow and as a bishop, also very influential in politics. He is also known as one of the first native Polish bishops. We only know a little about the saint, but it is said that the bishop had many conflicts with King Boleslav II. For instance, Bishop Stanislaus and the King argued about a piece of land, which a man named Peter had sold to the Bishop, and the King wouldn't believe it. But the initial owner of the land, Peter, was dead. The King had given Stanislaus three days to defend himself. After a time of prayer and fasting, the bishop exhumed the corpse and raised him from the dead. Even though Peter proved that Stanislaus owed the land, the King reacted

furiously and had Bishop Stanislaus killed on the place where the sanctuary was later built. Even today you can see a few stains of blood which were shed by the bishop.

After Saint Stanislaus was canonised in 1253, he was declared the patron saint of Krakow. And as we know that in all things God works for the good (Romans 8:28), the kings ascending the throne after King Boleslav, pilgrimed to Skalka to do penance for

their precursor.

Originally the church was built in a Romanesque style, but in the 14th century it was replaced by a Gothic church. During the 18th century, few baroque elements were added to the church as well. In the crypt beneath the church some Polish people are also buried. Some of them were freedom fighters and others were artists. Exterior of the church there is a well where

the body of the bishop was quartered and miraculously reassembled.

Today there is a monastery of the Pauline Brothers, who have been residing there since 1472. Every year on the feast day of Saint Stanislaus on the 8th of May there is a procession from Wawel Royal Castle to the Skalka Sanctuary, which is led by the Bishop of Krakow.





CONFIRMATION

- DOMINIC JOHN » 10 YRS » CARROLLTON, USA

On May 6, 2023, I received my confirmation. It was a happy day for me. But many do not know what the sacrament of confirmation is. In this article I want to answer three questions. They are: What is confirmation? What kind of sacrament is confirmation? And what do you do in confirmation?

First of all, what is confirmation?

Confirmation is the sacrament where you are filled with the Holy Spirit and you receive the seven gifts and twelve fruits of the Holy Spirit. The seven gifts of the Holy Spirit are knowledge, wisdom, fortitude, fear of God, counsel, understanding,



and piety. The twelve fruits are love, joy, peace, kindness, patience, goodness, selfcontrol, holiness, endurance, chastity, faithfulness, and meekness.

Next question is what kind of sacrament is confirmation.

Sacraments are divided into three parts. They are: Sacraments of Initiation, Sacraments of Healing, and Sacraments of Service. Confirmation is a part of the Sacraments of Initiation. Confirmation is a sacrament you can only receive once.

The last question is what do you do during Confirmation? In order to receive confirmation you must first prepare for it. Then you need to have a sponsor, someone who can pray for you and help you grow in faith. When you receive confirmation, your sponsor is at your side. The bishop/priest anoints with the Holy Chrism, symbolising the indelible mark of Christ's sacrifice on the one being confirmed. After my confirmation I felt ready to do God's will. I hope you felt encouraged and hope you look forward to receiving (if you haven't) confirmation.

THE TWELVE FRUITS ARE LOVE, JOY, PEACE, KINDNESS, PATIENCE, GOODNESS, SELFCONTROL, HOLINESS, ENDURANCE, CHASTITY, FAITHFULNESS, AND MEEKNESS.

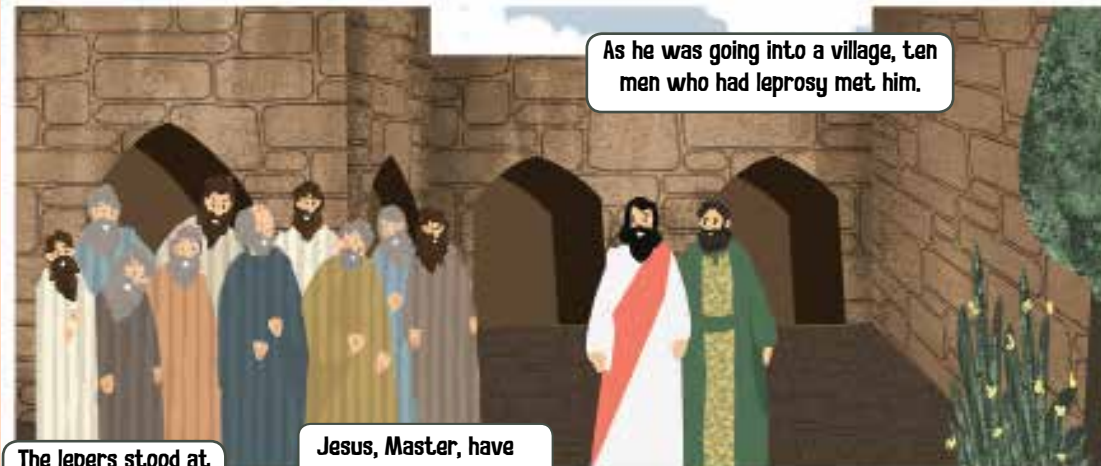
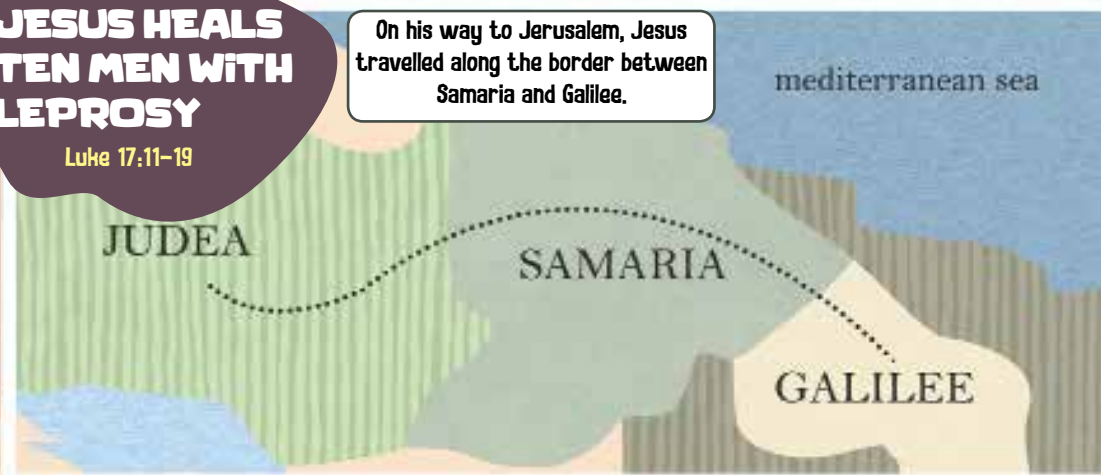


JESUS HEALS TEN MEN WITH LEPROSY

Luke 17:11-19

On his way to Jerusalem, Jesus travelled along the border between Samaria and Galilee.

Mediterranean sea



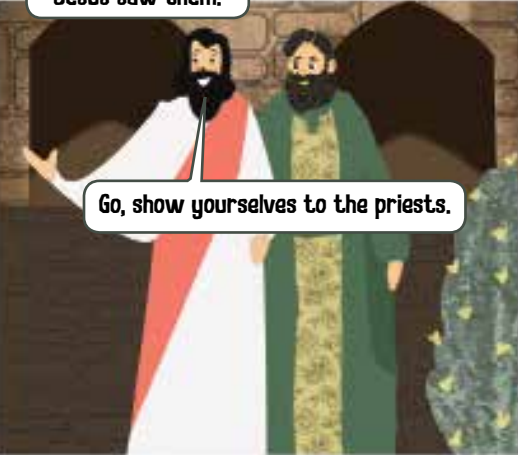
As he was going into a village, ten men who had leprosy met him.

The lepers stood at a distance and called out in a loud voice.

Jesus, Master, have pity on us!



Jesus saw them.



Go, show yourselves to the priests.



And as they went, they were cleansed.

One of them, realising he was healed, came back, praising God in a loud voice. He threw himself at Jesus' feet and thanked him. He was a Samaritan.

Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?



Then he said to him,

Rise and go; your faith has made you well.



STORY: SR. SUMA THOMAS CSM ILLUSTRATIONS: SOOSANNA JAXON

- SR ELVIRA TELLIS-NAYAK AC » GUJRAT, INDIA

We belong to a large Christian family with Pope Francis leading and guiding us in living an authentic Christian life according to the Ten Commandments given to us by God himself on Mount Sinal (Exodus 20:2-17). The ninth Commandment tells, 'You shall not covet your neighbour's wife.' Our neighbour is already bound sacramentally in sacred marriage to his wife, and that for life!

Humans began to covet in the Garden of Eden. Satan sought to cultivate Adam and Eve's desire and greed for what the one true God had restricted them from. And people have been desiring their neighbour's goods ever since.

When we covet, we give in to a selfish, toxic mindset that leads to sin. Judas' greed for money led him to sell Jesus (John 12:4-6). David the famous king in the Bible, coveted the beautiful wife of Uriah, so he plotted to kill Uriah. What started as coveting another man's wife, ended in both adultery and murder (2 Samuel 11:12).

**CHOOSE
TO WANT LESS**

Covetousness is to feel that 'I have to have that!' when we have no right to have it. It means a long term, heartfelt, continuous pattern of thought which we entertain and desire wrongfully

or without due regard to the rights of others. The neighbour's wife referred to in the ninth Commandment is bound in marriage by a bond which cannot be broken. Obedience to the ninth Commandment requires that covetousness is banished from the human heart. This is a command not against an action but against thought.



COVETOUSNESS IS TO FEEL THAT 'I HAVE TO HAVE THAT!' WHEN WE HAVE NO RIGHT TO HAVE IT.

When we entertain impure thoughts and desires about the woman or man married to someone else, they should be set aside as soon as we are conscious of them. In which case we do not sin. We are not responsible for our thoughts. We are responsible for how long we entertain them. St Paul tells us in Colossians 3:5, *Put to death therefore, what is earthly in you.*

God wants us to learn to seek true beauty, true happiness, true love. True love is never selfish and narrow but generous and open. True love is not built on receiving but in giving. Let us endeavour to have always an attitude which helps us exclaim 'I wish she/he had a better car, better home, better job, a better garden, etc., and learn to be content

and happy with what I have, be ready to share, exercise generosity and *trust in God who richly provides us with everything for our enjoyment* (1 Timothy 6:17).



ST THOMAS MORE

PART 2

Thomas thought about joining either the Carthusian or Franciscan religious order. He lived near a monastery for two years and was attracted to the monks' simple and holy lifestyle. He joined their prayers such as the spiritual exercises as well as fasting and mortification.



Eventually, he made the decision to get married but he would not forget what he learnt from the monks. Thomas More married his first wife, Jane Colt in 1505 and had four children together. Thomas would tutor her in music and literature. She died in 1511 and Thomas then married Alice Middleton.

It is better to be a faithful husband, than an unchaste priest.



He stood for election to parliament and rose through the ranks to become Lord Chancellor, a very high position. Despite his huge responsibilities, he still went to Mass every day, went to confession regularly and helped the poor. He put into practice what he learned at the monastery by fasting and prayer.



Thomas was said to be a loving and doting husband and father. He believed that his daughters should be educated just as much as his sons which was an unusual belief at the time.

You know what a fond husband I am, what an indulgent father, and gentle master.

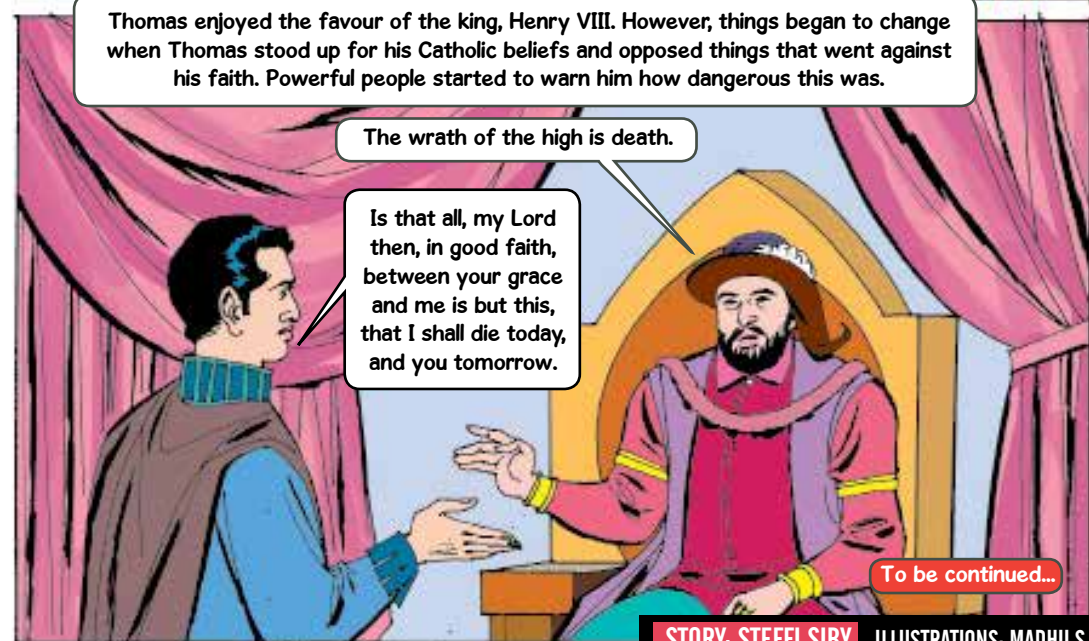
Yes, I know.



Thomas enjoyed the favour of the king, Henry VIII. However, things began to change when Thomas stood up for his Catholic beliefs and opposed things that went against his faith. Powerful people started to warn him how dangerous this was.

The wrath of the high is death.

Is that all, my Lord then, in good faith, between your grace and me is but this, that I shall die today, and you tomorrow.



To be continued...

STORY: STEFFI SIBY ILLUSTRATIONS: MADHU S

GOOD SHEPHERD BOOKMARK SLIDER

- SINU EMMANUEL » KOCHI, INDIA

MATERIALS REQUIRED

- Thick colour paper
- Scale
- Pencil
- Colours (paint/ crayons/ sketch/ pencil)
- Glue
- Double-sided thick tape
- Scissors
- Satin ribbon

PROCEDURE

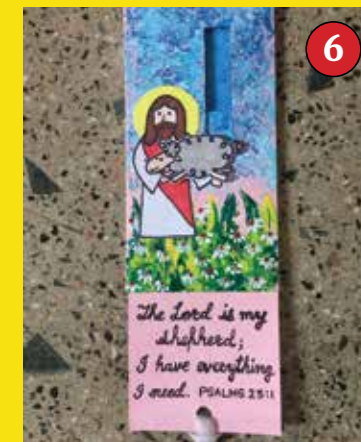
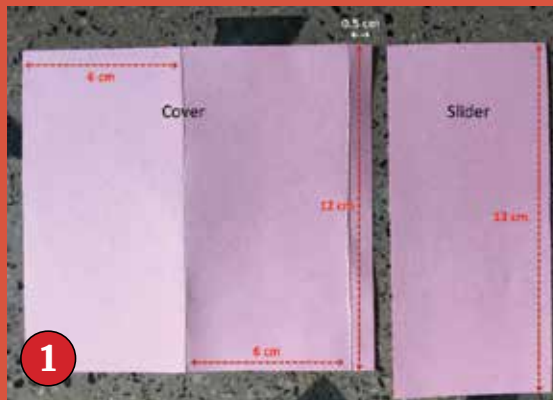
Step 1: Cut the colour paper according to the given measurements in Pic 1. One for the bookmark cover, and another as a slider which will be kept inside the cover.

Step 2: Colour the front of the cover according to your creativity.

Step 3: Draw, colour and cut out pictures of Jesus and a sheep that fits in the cover.

Step 4: Glue the picture of Jesus to the front of the cover as shown in Pic 4.

Step 5: Cut out a rectangle with length approx. 5 cm and breadth approx. 1 cm somewhere near the hand of Jesus as shown in Pic 4.



Step 8: With the other side of the double-sided tape, stick the sheep to the top portion of the slider which can be seen through the rectangle shaped hole of the cover, as shown in Pic 5.

Step 9: After the sheep is stuck properly, glue the side (0.5 cm portion) of the cover.

Step 10 (Optional): You can also stick and close the top portion of the cover by cutting some portion of the cover and slider as shown in Pic 4. This is optional.

Step 11: Make a hole to the bottom portion of the slider and tie a satin ribbon to it.

Step 12: Pull the slider down and you will see the sheep moving down with it. Write down Psalms 23:1 on the slider as shown in Pic 6.

Step 6: Cut a piece of double-sided tape and stick it on the back side of the slider as shown in the Pic 4.

Step 7: Place the slider inside the cover leaving only the bottom 1 cm of the slider outside the cover. The rest 12 cm fits fully in the cover.

Let everything that has breath
praise the LORD!
(Psalm 150:6)

Saved by the bell

- JOAN JERO DCRUZ » 14 YRS » BANGALORE, INDIA

Dear Diary,

Yesterday evening I went to the park with my friends. All of them had money and they decided to go to the park shop to get things. I felt left out and went back home to ask my parents if I could get money too.

Mum said no. Angrily, I stomped up to my room and glared at the ceiling. I really wanted to go with my friends, but now I couldn't. From the telephone, I called them and said I wasn't allowed. But then they asked me to take the money without my parents knowing.

'I can't do that guys. Isn't it wrong?' I asked in panic.

'Come on, they won't know,' Ian said.

With sweaty hands, I sneaked into my parents' room, slowly tiptoed to the drawer where my mum's purse was. The sudden ring of the telephone jolted me with fear but I answered it.

'Hi! Is this Jack?' A voice chirped into the phone.

'Y-yeah.. Stacy?' It was my friend from Catechism.

'I just wanted to tell you the verse I found for our project. It goes "Don't be defeated by evil, but defeat evil with good." What do you think?' she asked.

A surprised smile erupted in my face, 'You know what Stacy.. I think it's perfect.'

So, instead of taking the money and letting evil defeat me, I decided to let my good defeat the evil.

IT IS BETTER TO BE THE CHILD OF GOD
THAN KING OF THE WHOLE WORLD.

- ST. ALOYSIUS GONZAGA



VERSE-IVE WRITING



*Don't be defeated by evil, but defeat
evil with good.*

- Romans 12:21

*Don't be defeated by evil, but defeat
evil with good.*

*Don't be defeated by evil, but defeat
evil with good.*

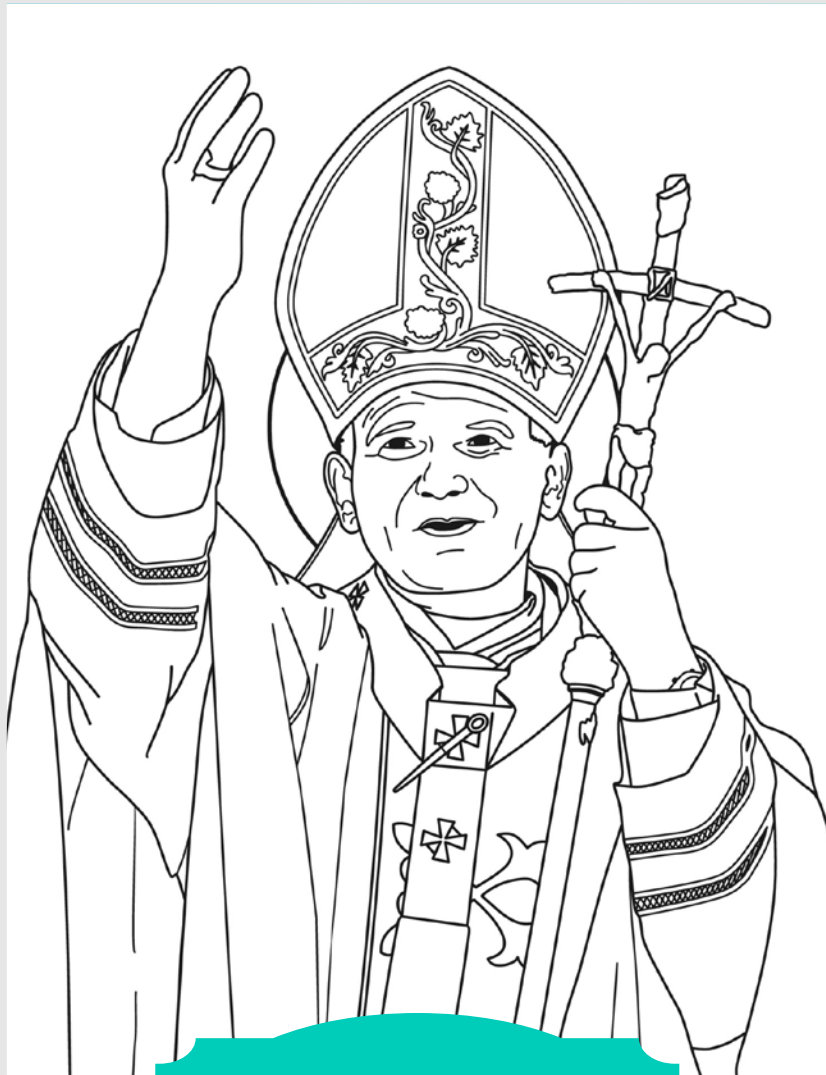
*Don't be defeated by evil, but defeat
evil with good.*

*Don't be defeated by evil, but defeat
evil with good.*

*Don't be defeated by evil, but defeat
evil with good.*

*Don't be defeated by evil, but defeat
evil with good.*

All About St John Paul II



PATRON SAINT OF
World Youth Day

COLOUR THE PICTURE

BORN: KAROL JOZEF WOJTYLA ON
18 MAY 1920

PARENTS' NAMES:
KAROL WOJTYLA, EMILIA
KACZOROWSKA

LIVED IN: POLAND & VATICAN CITY

DIED: 2 APRIL 2005

CANONISED: 27 APRIL 2014 BY
POPE FRANCIS

FEAST DAY: 22 OCTOBER

FACTS ABOUT ST JOHN PAUL II - EARLY YEARS

- Karol Jozef Wojtyla was born in the town of Wodowice, 35 miles southwest of Krakow Poland.
- His father was a Polish Army Lieutenant also named Karol, and his mother, Emilia, was a teacher.
- He had an older brother, Edmund, who became a doctor, and a sister, Olga, who died before Karol was born.

- A month before his ninth birthday, he lost his mother. She had been ill for some time. His older brother also passed away when Karol turned 12.
- The elder Karol devoted himself to taking care of his son, teaching him to be self-disciplined and hardworking. Church was an important part of their lives.
- As a boy, Karol was athletic and loved playing games, especially football.
- In 1938, after graduating from high school, Karol enrolled in Krakow's Jagiellonian University, and in a school for drama.
- Karol had a lifelong love for theatre. As a student, he began to write poetry and take part in theatrical productions.
- In 1939, when the Nazi forces shut the Jagiellonian University, all able-bodied men had to work. Karol worked in a restaurant, in a limestone quarry, and as a salesman for a chemical factory.
- In 1941, Karol's father suffered a heart attack and passed away. Reflecting on those times, he said years later, 'I was not at my mother's death, I was not at my brother's death, I was not at my father's death. At twenty, I had already lost all the people I loved.'



PRAYER TO ST JOHN PAUL II

*St John Paul, from the window of heaven, grant us your blessing!
Bless the Church that you have loved, served and guided, pushing her
with courage towards the paths of the world to bring Christ to all, and
all to Christ. From the window of heaven, where we see you next to
Mary, send down upon us all the blessings of God. Amen.*

MICHELLE ABRAHAM » 12 YRS
» ABU DHABI, UAE



IMMANUEL JAISON » 7 YRS »
TRIVANDRUM



JOEL » 14 YRS » ABU DHABI, UAE



FAUSTINA OLIAPURATH » 10 YRS » TEXAS, USA



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WHAT A FRIEND WE HAVE - WHERE AND HOW?

Part 2



- DR JOSEPH SEBASTIAN » KOZHIKODE, INDIA

Recap: In the last issue, we saw how a balance is necessary between our online and offline interactions for a well-rounded social life. Here we look at some pointers to building meaningful offline friendships.

Start with familiar settings like connecting with classmates or peers you already know. Attend social events and gatherings as these environments provide opportunities to meet new people face-to-face. Joining clubs or extracurricular activities where you can interact with others who share similar interests. Common activities can provide a natural starting point for conversations and shared experiences. Volunteer for community service projects as this not only allows you to give back to your community but also introduces you to like-minded individuals who are passionate about making a difference.

Small talks matter – start with simple conversations, such as asking about someone's day or discussing shared experiences like classes or current events. Small talk can help break the ice and build rapport. Be an active listener when engaging in conversations. Show genuine interest in others by asking follow-up questions and showing empathy. People appreciate when they feel heard and understood.

Work on developing your social skills, such as maintaining eye contact, using positive body

language, and being aware of personal space. These skills can help you feel more confident in face-to-face interactions.

Get involved in church activities by participating in youth groups, Bible studies, and other church-sponsored events. This will allow you to meet and interact with fellow Christian teens who share similar values and interests. Look out for Christian camps or retreats specifically designed for teens. These programmes often include team-building activities, worship sessions, and small group discussions, providing an excellent environment to make friends.

Most importantly, be authentic and true to your beliefs. Stay true to your Christian values and principles while interacting with others. Displaying integrity, kindness, and respect will not only help you make friends but also reflect your commitment to your faith. Seek guidance from God through prayer. Ask for wisdom in developing meaningful connections and for opportunities to meet new people. Trust that God will guide you and provide you with the right friendships. As St Paul urges us in Philippians 4:13, *I can do all things in him who strengthens me.*

Remember, building friendships takes time and effort. Be patient, persistent, and proactive in your pursuit of forming meaningful connections in your Christian community.

IN A NEW LIGHT

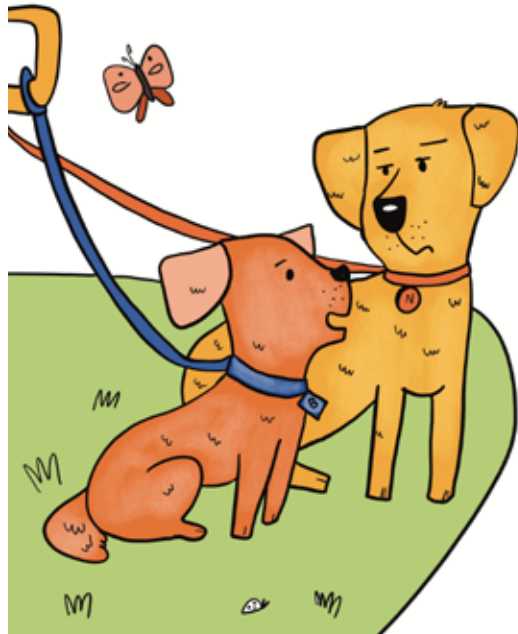
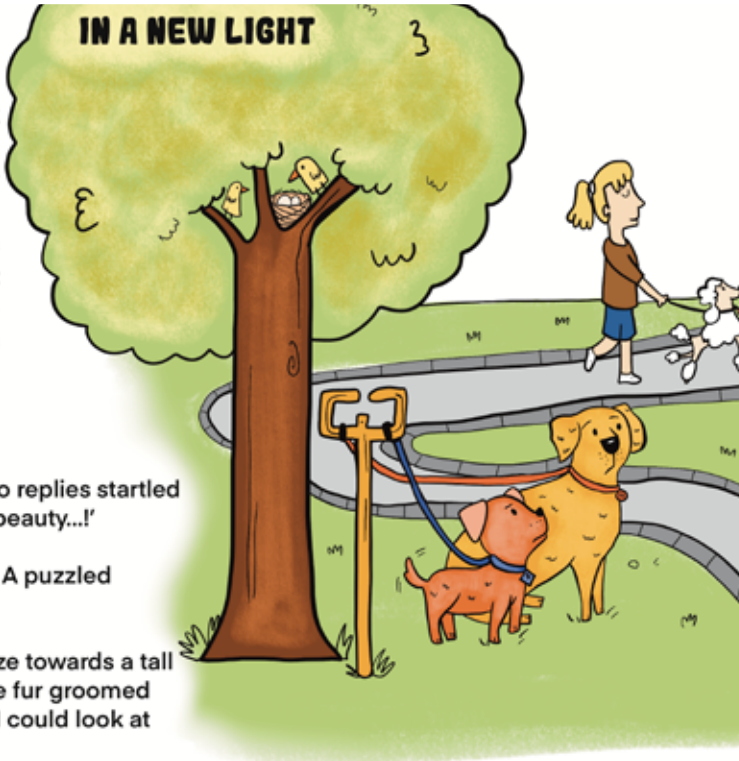
Lizzy and Kevin have brought Buddy to the park and have leashed him with a few other dogs while they have a game with friends. Nico, a canine friend, is engrossed, gazing at something in the distance unaware that Buddy has come.

'Hey Nico, what's up, man?'

'Uh...oh! Hey, Buddy boy!' Nico replies startled out of his reverie. 'Isn't she a beauty...!'

'What are you talking about?' A puzzled Buddy asks.

'Her, Stella!' Nico turns his gaze towards a tall sleek poodle with snow-white fur groomed like a fur coat and fur boots. 'I could look at her all day!'



'Doesn't she belong to the Petersons, who recently moved here?' Buddy asks.

Nico nods.

'Nico, don't you know they have a male poodle too?!'

Nico sighs, 'I know! But I feel like we have a connection.'

'What do you mean, Nico? They just moved here yesterday!'

'You'll never understand, Buddy boy!'

'Well, I know enough that that poodle is off limits, Nico. She has her mate.'

'Who makes these rules anyway, Buddy? As I see it, God created me a male and her female.'

'Exactly! When God created a male, he gave him his mate. That poodle is not your mate, Nico. Just be patient and He will bring you yours.'

'If that's the case, what's wrong with me being lost in her beauty?'

'Because it's wrong Nico! Looking at someone in an impure way is a sin. It only leads to even greater sin.'

'So you mean I'm supposed to close my eyes every time Stella is there?'

'Absolutely not, man! Just don't let desire or such thoughts enter your heart.'

'Buddy boy! Since when did you become such a saint?!'

'Not exactly a saint, but ever since I went through that wufcast by the German Shepherd MacSmith, A year with the Bible. I see the Ten Commandments in a new light now.'

'Then tell me Buddy boy, what should I do everytime I see Stella?'

'Just thank God for her and pray for the grace of purity of heart. Nico, by ourselves we are weak but with God, nothing is impossible.'

'Hmmm thank God and pray. I can do that.'

'Sure you can!'



Just then a football rolls towards the dogs and Nico leaps at it.

'But there's one thing you cannot do, Buddy boy! Try taking this ball from me!'

Q. IS THERE LIFE AFTER DEATH?

- Savio Jose, 10 yrs, Kanjirapally, India

ANS: Yes. There is life after death. God has created us to be in eternal union with him. Death on earth is only a passing from this world to the next. The resurrection of Jesus and Bible gives us all the needed support to know that is the case. The Catechism of the Catholic Church teaches that death is the end of earthly life. The Church teaches that death is a consequence of sin. Death has been conquered through the total obedience of Christ. Church's view of death is that it has a positive meaning (CCC 1007-10).

Christian beliefs about life after death are based on the resurrection of Jesus Christ. Jesus' death and resurrection are part of God's divine plan for humankind. The belief is that through his death on the cross, Jesus pays the penalty for humankind's sin and humankind's relationship with God is restored. This is called atonement. Three days after the crucifixion, God raised Jesus from the dead and he once again appeared to his disciples. This is taken to mean that Jesus' sacrifice was a victory over sin and death. Although physical death still happens, those who believe in Christ and live good lives will be given eternal life in heaven.

Our Church teaches that immediately after death, our soul separates from our earthly body and we stand before God for judgement. We then enter heaven, Purgatory or hell.

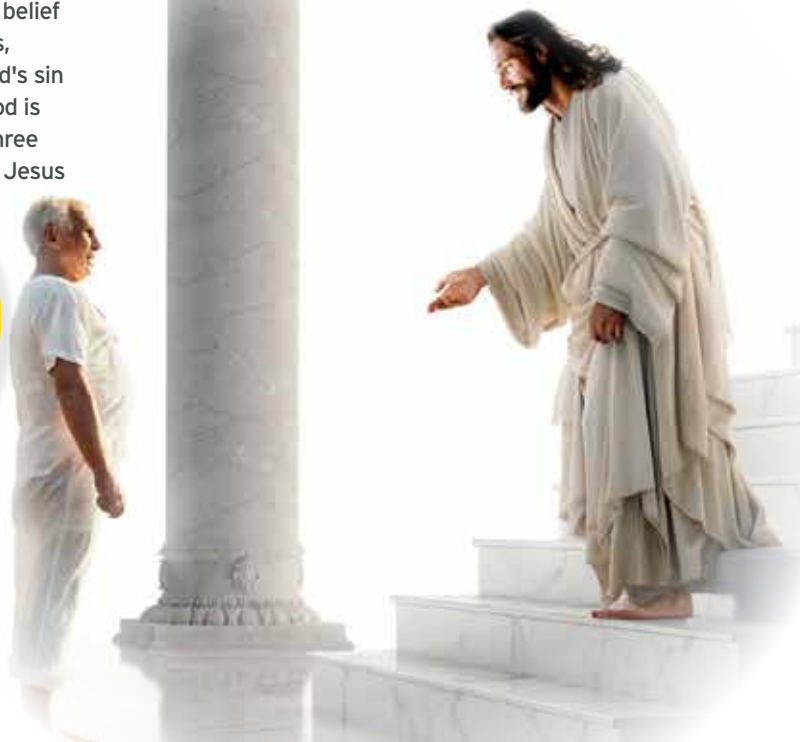
Heaven is the ultimate end and fulfilment of the deepest human

longings, the state of supreme, definitive happiness. Those who are free from all sin enter heaven immediately.

Purgatory is a place of purification, for those who die in a state of grace and friendship with God but who are not yet fully purified. Those in Purgatory are assured a place in heaven after their purification. We pray for those in Purgatory, that they may soon be with God in heaven.

Hell is for those who have willingly chosen to reject God and his love. If we persist in a state of serious sin, we damn ourselves to hell.

At the end of time, our Lord will come again to judge the living and the dead. All souls will be rejoined with their bodies, and those in Purgatory will be joined to the blessed in heaven. The Last Judgement will reveal that God's justice triumphs over all the injustices committed by his creatures and that God's love is stronger than death.



Our young readers can email their questions on faith/life to kairosbuds@jykairosmedia.org or WhatsApp it to us on +1 346 339 4500

KID CATHOPEDIA

Catholic Encyclopedia for kids!

COMPILED BY BY MARIA TERES SEBASTIAN, KOTTAYAM, INDIA

ABSALOM

Absalom was King David's third son, and his personal favourite among his children. The name means 'father of peace.' His story can be found in the second book of Samuel, chapter 13 verses 13-19. Absalom murdered David's eldest son, Amnon to avenge the disgrace he had brought on his sister, Tamar. Though banished for this, David's deep love for his son brought him back to the kingdom. Absalom later raised a revolt regarding the succession to the throne. David fled across Jordan, leaving a big part of the kingdom to Absalom. As he pursued his father and his allies, he was trapped by his hair in an oak tree, and was killed by David's general, Joab.



David was heartbroken, and deeply grieved his son despite the sorrow he had brought upon himself and the kingdom. Absalom was handsome and charismatic, but instead of using his gifts for the good of others, he brought destruction.

ABSOLUTION



Absolution is generally defined as the act of forgiving someone for having done something wrong or sinful. In the Catholic faith, absolution refers to a remission of sins pronounced by a priest in the Sacrament of Reconciliation.

ABSTINENCE

Abstinence refers to keeping oneself from doing something, usually something that is considered harmful such as drinking alcohol or using a drug. In popular Catholic devotion, the term refers to refraining from something that gives one momentary happiness, especially in the seasons of Lent and Advent. People usually abstain from meat, sugar, entertainment, etc.





October Unscrambler

Below are the saints whose feasts fall in October. Try to find out who these saints are by unscrambling their names.

IFTNSAUA SALWKOKA

.....

EKLU ETH TANGELVEIS

.....

JAMELLA RGEARD

.....

REESAT FO LAVIA

.....

ALAUECOQ GARRAMET YMRA

.....

DEUSDATH DJUE

.....

OPPE JNHO II LAUP

.....

SISISA FO ANIFRCS

.....

LUXISEI SEETHRE FO

.....

SCORS HET PLAU FO

.....



Find the objects in the picture



AN OLD FRIEND HELPS

Recap: Sean has brought Tony to his grandfather's parish to get some details. While going through old records in the office, the parish priest calls them.

Sean and Tony are called to the parish priest's office, where they find the priest waiting with another person.

I would like you both to meet Mr James.

Mr James recognises Sean as his friend's grandson.

Mr James suddenly feels nostalgic with old memories.

Hello Sir, how are you?

Sean, your grandfather and Mr James were very good friends.

Yes, we were. Oh, the times we had!

So you are Louis' grandson?
Yes! You do have his mischievous look!

He was always a nice guy. Always joking and playful.

Life was tough those days... but we were happy.

Sean brings all of them back to the present.

Do you by any chance, know which year my grandfather was born?

Hmm... I must have been careless. I believe I checked the records for that year but didn't find Grandpa's details there.

It must have been 1923. He was a few years older than me.

Oh! I don't think you were careless. Some of the original records for those years were lost in a mishap.

Yes! I didn't know about the missing records either. Thank you Mr James!

You young fellows are all too serious, too tense!

Thank God, and thank you Sir! We would have never known this if it weren't for you!

Ask the former generations and find out what their ancestors learned, for we were born only yesterday and know nothing, and our days on earth are but a shadow.'

Will they not instruct you and tell you? Will they not bring forth words from their understanding?

Please tell us about those times with Grandpa so that I can tease my Dad about not knowing it!

Crossing out ABCs

In October, we celebrate the feast of St John Paul II. When he was Pope, he wrote a letter to children (1994, Year of the Family). Below is a message from that letter. But to read it, you have to cross out the ABCs in alphabetic order.

WAHATB DCOESD EIT FMEAGN HTHATI 'JUNLKESS LYOUM NTURN OANPD
 BQECORME SLITKE UCHILVDREWN, XYOUY ZWILLA BNOTC DENETERF
 TGHE HKINIGDOJM KOF LHEAMVEN'? NIS ONOT PJESQUS RPOSITINTG
 UTO VCHILWDRENX YAS ZMOADELSB ECVEND EFORF GRGOWNH-UIPS?
 JIN CKHILDRELN TMHERNE IOS SOPMETHQING RTHSATT MYUST UNEVEVR
 BWE MXISYSINZG AIN PBEOPCLE WDHO EWANFT TGO EHNTAIR THJEK
 LKINGMDONM OOF PHEAQVEN. RPEOPLE TWHO AURE DESVTINWED TXO
 GOY TZO HEAAVBEN CARE DSIMEPLE FLIKGE HCHILIDRJEN, AKND LIKLEM
 NCHILODREPN AQRE RFULSL OTF TURUST, VRICWH INX GYOODZNESS AANDB
 CPURE. DONLEY PFEOPLGE HOF TIHIS JSORT CKAN FINLD IMN GNOD OA
 FPATHQR ARND, TSHANKS TTO JUESUVS, CWAN XBECYOME ZIN ATHEBIR
 OCWN TUDRNE CFHILDGREHN IOF GJODK.

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WhatsApp (+1 346 339 4500) or email (kairosbuds@jykairosmedia.org) solved Puzzle to us with your full name, place & photo before 25 October 2023. Correct entries will be featured on our social media pages.

Colour. Arrange. Frame

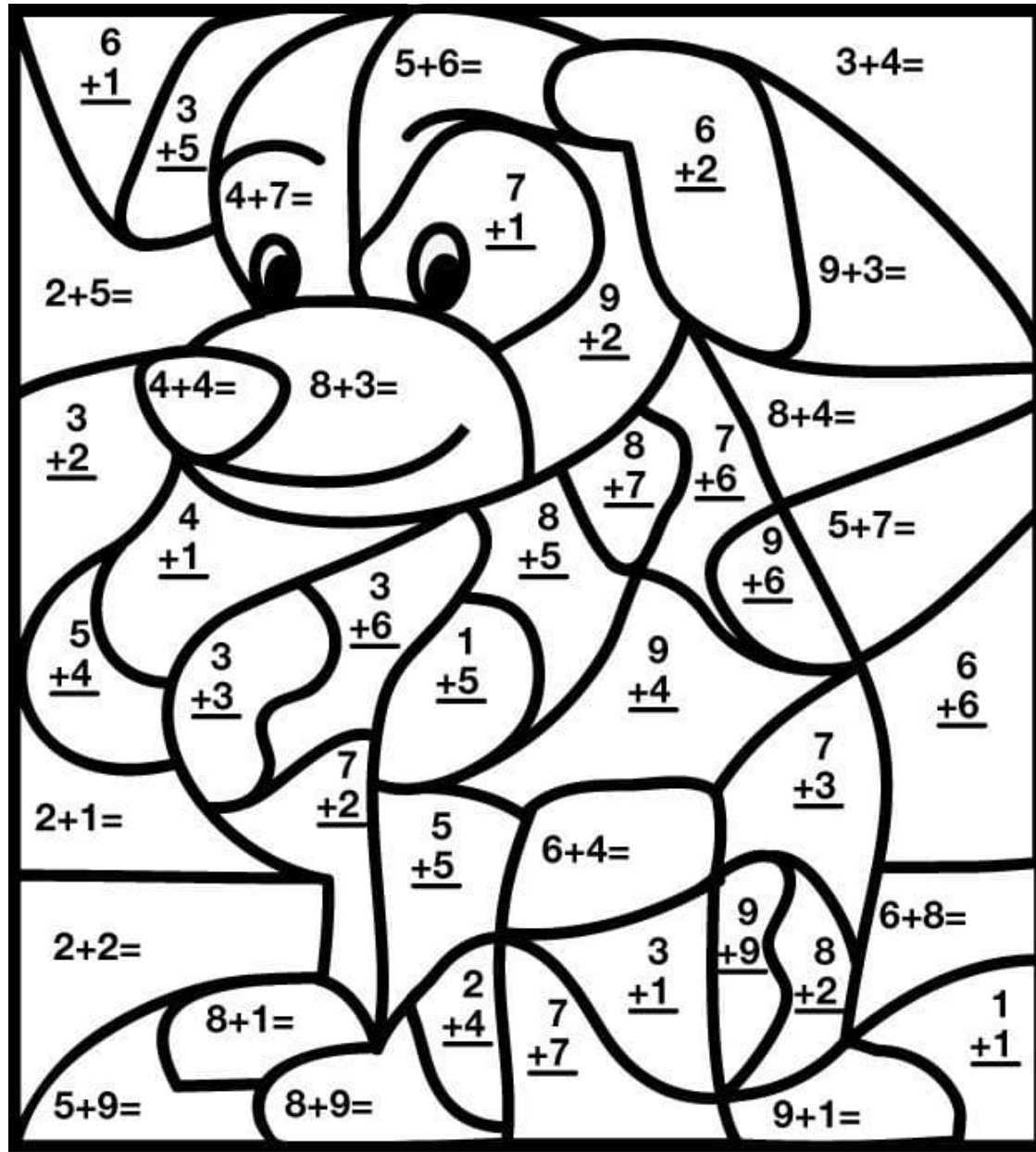
(Part 3)

In this section, a picture is divided into 4 parts, one for each issue. Children can colour each part, and when the picture is complete it can be glued together and framed.



Share your completed Colour.Arrange.Frame pictures with us at kairosbuds@jykairosmedia.org with your full name, age, place/country. We will be happy to share this on our social media.

Colour by addition



BROWN 9 | 10 | 11 | 13 | 17

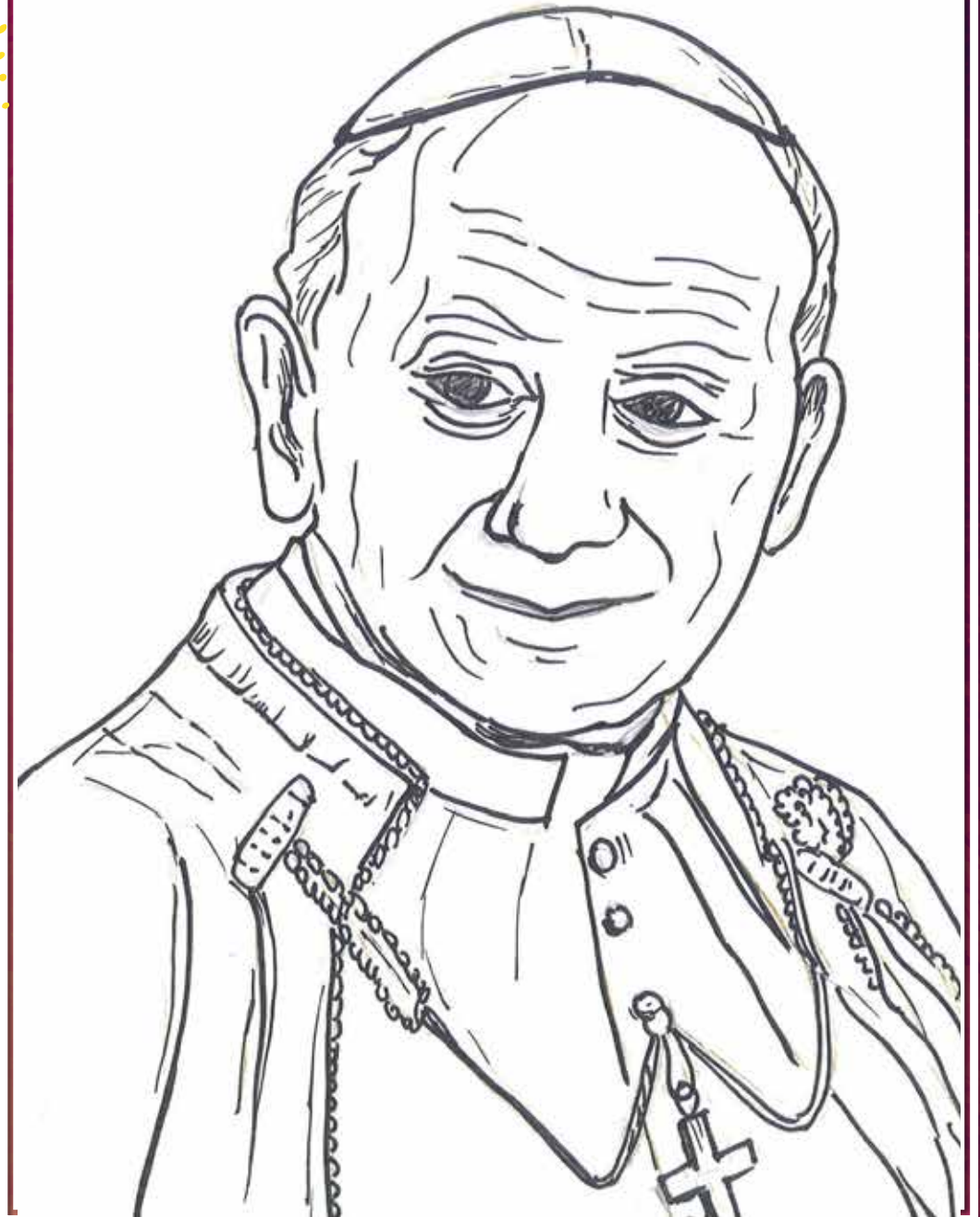
GREEN 2 | 4 | 14

BLACK 6 | 8 | 15 | 18

SKY BLUE 3 | 5 | 7 | 12

COLOUR ME

Pope John Paul II



Scan or take a clear photo of the coloured pictures and send it to us on WhatsApp (+1 346 339 4500) or email (kairosbuds@jykatrosmedia.org) before 25 October 2023. Please include your full name, place and photo also. Best ones will be featured on our social media pages.

Thou shalt not covet thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his manservant..

Exodus 20:16



**FUNNY
JP2!**

Pope John Paul II always loved to ski, and would do so whenever he go the opportunity. Once, when he was a Cardinal in Poland, he went climbing a mountain. Noticing the darkening skies and hearing thunder in the distance, he joked to his guides, 'I know three madmen: the first is myself, the second is my

secretary, and the third is waiting for us at the summit!'

After becoming Pope, when he visited America in 1979, tens of thousands of Polish-Americans kept serenading him crying, *Sto lat* (May you live to a hundred). Finally, he playfully said to them, 'If we keep this up, they're going to think it's the Polish national anthem!'

LITTLE
Buds

Holy Habits

An All Saints' Day challenge to dress up as your favourite saint

How does it work?

1. Dress up

Dress up as your favourite saint.

2. Shoot

Take a photo or video. For video submissions, kids can recite a quote of the saint they've dressed as.

3. Upload

Submit the photo/video to the Holy Habits web page jykalrosmedia.org/holy-habits

4. Share

Kairos Media will publish the photos and videos on Kairos Buds Instagram page @KairosBuds. You can share the post with your friends and family.



Five Little Saints, each with the most number of likes in photo and reel categories will receive a gift from Kairos Buds. Open for all children aged 14 and below. Last date of submissions: **28 October to 5 November 2023**

