



- DR. SUNNY GEORGE » KANJIRAPALLY, INDIA

od wants each one of his children to love him above all else and love our brothers and sisters as ourselves. We seek to love God by learning how to pray from our heart. Prayer is giving our attention to God. God is always with us, ready to listen and help us. Anyone can pray, at any time, and in any place. Prayer is exactly like a conversation with your dad or mom. It is natural for a child to ask his or her father for the things they need, or ask for advice and guidance.

We do not pray on our own. Prayer brings us in touch with heaven and earth. As Catholic Christians, we pray in the most Holy Name of Jesus Christ and in the power of the Holy Spirit. We offer every situation to God, and God uses our prayers to bring love and justice into the world.

Prayer becomes most powerful when we offer them through the purest heart of Mary, the Mother

of God and our own Mother.

However, if we do not pray, the
Blessed Mother cannot help
us. She wants us to pray until
prayer becomes a joy for us!

The most beautiful prayer heaven has recommended to us is the most Holy Rosary of the Virgin Mary. When we pray the Rosary, Satan flees, heaven rejoices, and the one

who prays will have abundant graces showered upon them. The Rosary is not simply reciting prayers from memory. It is so much more. It is one of the most beneficial ways of praying, that it unites both vocal and mental prayer. When we find joy through prayer, we actually find God in the silence of our hearts. We can just stay there and talk to him for as long as we want. God will listen. He always listens. And God will solve our problems, calm our fears, show us his plan for us, and eventually take us to heaven! Imagine, what wonderful plans God has set aside for us! Thank you dearest Mother, for your love and tenderness. Ave Maria! •

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